

OUTPATIENT PSYCHOLOGICAL TESTING AUTHORIZATION REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

Date _____

PATIENT INFORMATION

Name _____

Date of Birth _____

Patient ID # _____

Referral Source _____

PROVIDER INFORMATION

Provider Name _____

Group Name _____

Provider NPI/TIN # _____

Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

*The provider must report all diagnoses being considered for this patient.

*Primary _____ R/O _____ R/O _____

Secondary _____

Tertiary _____

Additional _____

Additional _____

Danger to Self or Others (If yes, please explain)? Yes No _____

MSE Within Normal Limits (If no, please explain)? Yes No _____

WHAT ARE THE CURRENT SYMPTOMS PROMPTING THE REQUEST FOR TESTING?

- Anxiety
- Depression
- Withdrawn/poor social interaction
- Mood instability
- Psychosis/Hallucinations
- Bizarre Behavior
- Unprovoked agitation/aggression
- Self-injurious Behavior
- Eating disorder symptoms: _____
- Poor academic performance _____
- Behavior problems at home
- Behavior problems at school
- Inattention
- Hyperactivity
- Other _____

What is the question to be answered by testing that cannot be determined by a diagnostic interview, review of psychological/psychiatric records or collateral information? How will testing affect the care and treatment in a meaningful way?

HISTORY

Does the patient have any significant medical illnesses, history of developmental problems, head injuries or seizures in the past?

Yes No

Comments: _____

Does the patient have a family history of psychiatric disorders, behavior problems or substance use disorder?

Yes No Uncertain

Comments: _____

Is there any known or suspected history of physical or sexual abuse or neglect?

Yes No Uncertain

Comments: _____

If ADHD is a diagnostic rule out, please complete the following: Is the patient's presentation on intake consistent with ADHD?

Yes No

Indicate the results of Conner's or similar ADHD rating scales, if given:

Positive Negative Inconclusive N/A

If the patient is a child, please indicate the collateral information you have obtained from the school regarding cognitive/academic functioning

(i.e., teacher feedback, results of school standardized test)? _____

Date of Diagnostic Interview: _____

Has the patient had a Psychiatric Evaluation? Yes No If yes, date?

Previous Psychological Testing? Yes No If yes, date?

Basic Focus and Results

Current Psychotropic Medications:

PLEASE LIST THE TESTS PLANNED TO ANSWER THE CLINICAL QUESTION(S)

- | | |
|----|----|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

PLEASE INDICATE THE NUMBER OF UNITS REQUESTED TO COMPLETE TESTS:

Please feel free to attach additional documentation to support your request (e.g. updated treatment plan, progress notes, etc.).

Clinician Signature

Date

Clinician Signature

Date

SUBMIT TO
Utilization Management Department
PHONE: 1.800.589.3186
FAX 1.866.694.3649