COVID-19 RESOURCE LIST

International Resources

- Education Development Center: https://www.edc.org/international-resources-covid-19-crisis
- The Institute of Health Metrics and Evaluation (IHME): http://covid19.healthdata.org/united-states-of-america
- The International Association of National Public Health Institutes: https://ianphi.org/news/2020/covid-resources.html
- World Health Organization: https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public

National Resources

- American Foundation for Suicide Prevention: https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/
- American Psychiatric Association: https://www.psychiatry.org/news-room/apa-blogs/apa-blog/2020/02/coronavirus-and-mental-health-taking-care-of-ourselves-during-infectious-disease-outbreaks
- Center for Disease Control and Prevention: https://www.cdc.gov/coronavirus/2019-ncov/index.html
 - o Fact Sheet: https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov/down
 - How to Stop the Spread: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2_019-ncov%2Fhcp%2Fguidance-prevent-spread.html
 - Coping with Stress: https://www.cdc.gov/violenceprevention/suicide/copingwith-stresstips.html
 - Mental Health and Coping During COVID-19: https://emergency.cdc.gov/coping/selfcare.asp
 - Reducing Stigma: https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/reducing-stigma.html?cdc AA refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F201
 9-ncov%2Fsymptoms-testing%2Freducing-stigma.html
 - Pregnancy and Breastfeeding: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html
 - o What to Do if You Are Sick: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html
 - Interim Guidance for Implementing Home Care of People Not Requiring
 Hospitalization for Coronavirus Disease 2019 (COVID-19):
 https://www.cdc.gov/coronavirus/2019-ncov/downloads/guidance-home-care.pdf
 - o Translated Guidance: https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html
- Center for the Study of Traumatic Stress—Psychological Effects of Quarantine During the
 Coronavirus Outbreak: What Healthcare Providers Need to Know:
 https://www.cstsonline.org/assets/media/documents/CSTS_FS_Psychological_Effects_Quarantine_During_Coronavirus_Outbreak_Providers.pdf
- Community Health Workers and Instructors Discussion Forum: https://www.facebook.com/groups/198292498164430/

- Coronavirus 101 Workshop Tools for CHWs:
 - Lesson Plan, Handouts and PowerPoint: https://nachw.org/wp-content/uploads/2020/03/Coronavirus-101-Workshop-Lesson-Plan-for-distribution.pdf
 - Actions I Can Take Worksheet: https://nachw.org/wp-content/uploads/2020/03/Actions-I-Can-Take.pdf
- Infectious Disease Toolkit for Continuums of Care: Preventing and Managing the Spread of Infectious Disease for People Experiencing Homelessness: https://files.hudexchange.info/resources/documents/Infectious-Disease-Toolkit-for-CoCs-Preventing-and-Managing-the-Spread-of-Infectious-Disease-for-People-Experiencing-Homelessness.pdf
- John Hopkins University & Medicine-Coronavirus Resource Center: https://coronavirus.jhu.edu/map.html
- National Alliance on Mental Illness (NAMI): https://www.nami.org/getattachment/Press-Media/Press-Releases/2020/COVID-19-and-Mental-Illness-NAMI-Releases-Importan/COVID-19-Updated-Guide-1.pdf?lang=en-US
- National Suicide Prevention Lifeline: https://suicidepreventionlifeline.org/
- Substance Abuse and Mental Health Services Administration: https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf
- U.S. Department of Education: https://www.ed.gov/coronavirus
- U.S. Department of Labor:
 - General COVID-19 information: https://www.dol.gov/coronavirus
 - Disaster Unemployment Assistance Fact Sheet:
 https://oui.doleta.gov/unemploy/docs/factsheet/DUA FactSheet.pdf
- U.S. Environmental Protection Agency: https://www.epa.gov/coronavirus
- U.S. Housing and Urban Development: https://www.hud.gov/coronavirus
- U.S. Interagency Council on Homelessness: https://www.usich.gov/covid-19
- U.S. Small Business Administration: https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources

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State of Missouri Resources

- Missouri Attorney General's Office: https://ago.mo.gov/civil-division/consumer/price-gouging
- Missouri Courts: https://www.courts.mo.gov/pandemic/
- Missouri Department of Agriculture: https://agriculture.mo.gov/emergency/covid-19/
- Missouri Department of Conservation: https://mdc.mo.gov/about-us/mdc-covid-19-response
- Missouri Department of Corrections: https://doc.mo.gov/media-center/newsroom/covid-19
- Missouri Department of Economic Development: https://ded.mo.gov/content/stay-home-order-business-guidance
- Missouri Department of Elementary and Secondary Education: https://dese.mo.gov/communications/coronavirus-covid-19-information
- Missouri Department of Health and Senior Services: https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/
- Missouri Department of Higher Education and Workforce Development: https://dhewd.mo.gov/covid-19.php
- Missouri Department of Labor and Industrial Relations: https://labor.mo.gov/coronavirus

- Missouri Department of Mental Health: https://dmh.mo.gov/disaster-services/covid-19-information
- Missouri Department of Social Services: https://dss.mo.gov/covid-19/
 - o Food Assistance: https://mydss.mo.gov/covid-food-stamp-info
- Missouri Department of Transportation: https://www.modot.org/COVID19Brief
- Missouri Division of Tourism: https://www.visitmo.com/travel-updates
- Missouri Governor: https://governor.mo.gov/stay-home-missouri-order-guidance-and-frequently-asked-questions
- Missouri Office of Workforce Development: https://jobs.mo.gov/covid-19-resources

Webinars

- American Public Health Association webinar series—Responding to COVID-19: A Scientific Approach: https://covid19conversations.org/
- Coronavirus 101 for CHWs: https://www.youtube.com/watch?v=9DfBMlkmtDU&t=5s
- Infectious Disease Preparedness Among Homeless Assistance Providers and Their Partners: https://www.youtube.com/watch?v=1_IFSvcOe_E&feature=youtu.be
- Institute for Global Health—Coronavirus: Myths and Facts: https://youtu.be/eh5L63an j8
- National Institute for Health Care Management (NICHCM) Foundation Miniseries: https://www.nihcm.org/topics/covid-19/event/covid-19-miniseries
- Show Me Covid-19 ECHO (weekly): https://showmeecho.org/clinics/covid-19/

Additional Resources

- Conference call with Governor Parson and Faith-based leaders in Missouri: To be added to the call, email <u>Kelli.Jones@governor.mo.gov</u>
- Free Internet during COVID-19:
 - o https://corporate.com/cast.com/covid-19
 - o https://wifi.xfinity.com/
- Household Plan for Covid-19:
 - https://mcusercontent.com/39b7e14d2208c353c1942a363/files/90c1981d-6bea-4341-96a2-17a4ccb705b9/English and Spanish Household Plan of Action 3.13.2020.pdf
- Missouri Chamber of Commerce: https://mochamber.com/coronavirus/
- MU Extension Resource List: https://extension2.missouri.edu/covid-19-resources-public
- Information about the homeless population and COVID-19: http://nationalhomeless.org/coronavirus-covid-19/
- United Way 211: http://www.211helps.org/covid-19-where-to-turn/
- YouTube video created by a doctor in New York that discusses how to keep your family safe. It is long, but very good, and dispels a lot of the fears that people have:
 https://www.youtube.com/watch?v=YitWZj9QhdQ&feature=youtu.be&fbclid=lwAR2DXJgcDYYno
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