

Adopted Clinical Practice and Preventive Health Guidelines

Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Asthma	2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates	February-2026
	2025 GINA Report, Global Strategy for Asthma Management and Prevention	Global Initiative for Asthma (GINA)	https://ginasthma.org/reports/	February-2026
	VA/DoD Clinical Practice Guideline: The Primary Care Management of Asthma (2025)	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/cd/asthma/	February-2026
Back Pain	VA/DoD Clinical Practice Guideline: Diagnosis and Treatment of Low Back Pain. (2022)	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/pain/lbp/	February-2026
	Use of corticosteroids for adult chronic pain interventions: sympathetic and peripheral nerve blocks, trigger point injections - guidelines	American Society of Regional Anesthesia and Pain Medicine (ASRA Pain Medicine), American Academy of Pain Medicine (AAPM), American Society of Interventional Pain Physicians (ASIPP), International Pain and Spine Intervention Society (North American Spine Society (NASS)	https://rapm.bmj.com/content/early/2025/03/11/rapm-2024-105593	February-2026
	Diagnosis and Treatment of Low Back Pain (2020)	North American Spine Society (NASS)	https://www.spine.org/Portals/0/assets/downloads/ResearchClinicalCare/Guidelines/LowBackPain.pdf	February-2026
Cancer	ASCO Guidelines by Clinical Area	American Society of Clinical Oncology	https://ascopubs.org/jco/special/guidelines	February-2026

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	ASTRO Guidelines by Clinical Area	American Society for Radiation Oncology (ASTRO)	https://www.astro.org/Patient-Care-and-Research/Clinical-Practice-Statements/Clinical-Practice-Guidelines	February-2026
	NCCN Guidelines Treatment by Cancer Type	National Comprehensive Cancer Network® (NCCN)	https://www.nccn.org/guidelines/category_1	February-2026
Cardiovascular Disease	Routine Assessment and Promotion of Physical Activity in Healthcare Settings; A scientific statement from the American heart association (Circulation 2018; 137:e495–e522)	American Heart Association (AHA)	https://www.ahajournals.org/doi/10.1161/CIR.0000000000000559	February-2026
	American College of Cardiology Clinical Practice Guidelines by Topic (Publication Dates Vary)	American College of Cardiology	https://www.acc.org/Guidelines	February-2026
	The Care of Children with Congenital Heart Disease in Their Primary Medical Home (2017)	American Academy of Pediatrics (AAP) and the American College of Cardiology (ACC)	https://publications.aap.org/pediatrics/article/140/5/e20172607/37782/The-Care-of-Children-With-Congenital-Heart-Disease	February-2026
Chronic Obstructive Pulmonary Disease	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2025 Report)	The Global Initiative for Chronic Obstructive Lung Disease (GOLD)	https://goldcopd.org/2025-gold-report/	February-2026
	Pharmacologic Management of Chronic Obstructive Pulmonary Disease. An Official American Thoracic Society Clinical Practice Guideline. (2020)	American Thoracic Society	https://www.atsjournals.org/doi/10.1164/rccm.202003-0625ST	February-2026
	Long-Term Noninvasive Ventilation in Chronic Stable Hypercapnic Chronic Obstructive Pulmonary Disease: An Official ATS Clinical Practice Guideline	American Thoracic Society	https://www.atsjournals.org/doi/full/10.1164/rccm.202006-2382ST	February-2026

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	VA/DoD Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/cd/copd/	February-2026
Coronavirus Disease 2019 (Covid 19)	Overview of Testing for SARS-CoV-2 (COVID-19) (Updated August 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/covid/hcp/clinical-care/overview-testing-sars-cov-2.html	February-2026
	IDSA Guidelines of the Treatment and Management of Patients with COVID-19 (Updated August 2024)	Infectious Disease Society of America (IDSA)	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/	February-2026
	Clinical Management of COVID-19: Living Guideline (June 2025)	World Health Organization (WHO)	https://www.who.int/publications/i/item/B09467	February-2026
Critical Care	Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2021	Society of Critical Care Medicine and European Society of Intensive Care Medicine.	https://journals.lww.com/ccmjournal/Fulltext/2021/11000/Surviving_Sepsis_Campaign_International.21.aspx	February-2026
	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	Journal of the American Medical Association	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4968574/	February-2026
Diabetes	American Association of Clinical Endocrinology Clinical Practice Guideline: Developing a Diabetes Mellitus Comprehensive Care Plan—2022 Update	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.endocrinepractice.org/article/S1530-891X(22)00892-8/fulltext	February-2026
	Standards of Care in Diabetes- 2025 (Volume 48, Issue Supplement 1)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/48/Supplement_1	February-2026
	VA/DoD Clinical Practice Guidelines Management of Type 2 Diabetes Mellitus (2023)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/cd/diabetes/	February-2026

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Dyslipidemia	2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol	American College of Cardiology (ACC), American Heart Association (AHA) Task Force on Clinical Practice Guidelines	https://www.ahajournals.org/doi/10.1161/CIR.0000000000000625	February-2026
	VA/DoD Clinical Practice Guidelines Management of Dyslipidemia for Cardiovascular Risk Reduction (2025)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/CD/lipids/	February-2026
Epilepsy	Guidelines by Topic: Epilepsy (Publication Dates Vary)	American Academy of Neurology and American Epilepsy Society	https://www.aesnet.org/clinical-care/clinical-guidance/guidelines	February-2026
Frailty and Special Populations	American Geriatrics Society 2023 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults	American Geriatrics Society (AGS)	https://agsjournals.onlinelibrary.wiley.com/doi/epdf/10.1111/jgs.18372	February-2026
Hemophilia	WFH Guidelines for the Management of Hemophilia 3rd Edition	World Federation of Hemophilia	https://www1.wfh.org/publications/files/pdf-1863.pdf	February-2026
	International Society on Thrombosis and Haemostasis clinical practice guideline for treatment of congenital hemophilia A and B based on the Grading of Recommendations Assessment, Development, and Evaluation methodology	International Society on Thrombosis and Haemostasis	https://www.jthjournal.org/article/S1538-7836(24)00318-0/fulltext	February-2026
HIV/AIDS	Human Immunodeficiency Virus (HIV) Infection: Screening (2019) (update in progress)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/human-immunodeficiency-virus-hiv-infection-screening	February-2026
	Prevention of Human Immunodeficiency Virus (HIV) Infection: Preexposure Prophylaxis. (2023)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/prevention-of-human-immunodeficiency-virus-hiv-infection-pre-exposure-prophylaxis	February-2026

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	Routine Human Immunodeficiency Virus Screening. (May 2014- reaffirmed 2024)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2014/05/routine-human-immunodeficiency-virus-screening	February-2026
	Federally Approved Clinical Practice Guidelines for HIV/AIDS	U.S. Department of Health and Human Services (HHS) National Institutes of Health (NIH)	https://clinicalinfo.hiv.gov/en/guidelines	February-2026
Hypertension	2025 AHA/ACC/AANP/AAPA/ABC/ACCP/ACPM/AGS/AMA/ASPC/NMA/PCNA/SGIM Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines	Journal of the American College of Cardiology (ACC)	https://www.jacc.org/doi/10.1016/j.jacc.2025.05.007	February-2026
	Blood Pressure Targets in Adults With Hypertension: A Clinical Practice Guideline From the AAFP (2022)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2022/1200/practice-guidelines-aafp-hypertension-full-guideline.html	February-2026
	2020 International Society of Hypertension Global Hypertension Practice Guidelines	American Heart Association (AHA) International Society of Hypertension (ISH)	https://ish-world.com/global-hypertension-practice-guidelines/	February-2026
	VA/DoD Clinical Practice Guidelines Diagnosis and Management of Hypertension (HTN) in Primary Care (2020)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/CD/htn/index.asp	February-2026
Immunizations	Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP United States, 2025-26 Influenza Season	Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/mmwr/volumes/74/wr/mm7432a2.htm	February-2026

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	Recommended Adult Immunization Schedule by Age Group, United States, 2025	American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/patient-care/prevention-wellness/immunizations-vaccines/immunization-schedules/adult-immunization-schedule.html	February-2026
	Immunization Schedules by Age for 2025	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/programs/immunization-infectious-disease-public-health	February-2026
	Recommended Child and Adolescent Immunization Schedule for Ages 18 Years or Younger	American Academy of Pediatrics (AAP)	https://downloads.aap.org/AAP/PDF/AAP-Immunization-Schedule.pdf	February-2026
Lead Poisoning	Childhood Lead Poisoning Prevention	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/nceh/lead/	February-2026
	Guideline for clinical management of exposure to lead (2021)	World Health Organization (WHO)	https://www.who.int/publications/item/9789240037045	February-2026
Long Term Care	Transitions of Care in the Long-Term Care Continuum Clinical Practice Guidelines	American Medical Directors Association (AMDA) The Society for Post-Acute and Long-Term Care Medicine	https://paltc.org/products/results?product_type=27	February-2026
Opioids for Chronic Pain	CDC Guideline for Prescribing Opioids for Pain- United States, 2022	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103a1.htm_w	February-2026
	VA/DoD Clinical Practice Guidelines Use of Opioids in the Management of Chronic Pain (2022)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/pain/cot/	February-2026

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Osteoporosis	Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis. (2020 Update)	American Association of Clinical Endocrinologists (AACE) and American College of Endocrinology (ACE)	https://www.endocrinepractice.org/article/S1530-891X(20)42827-7/fulltext	February-2026
	ACOG Clinical Practice Guideline No. 1. Osteoporosis Prevention, Screening, and Diagnosis (September 2021- reaffirmed 2025)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2021/09/osteoporosis-prevention-screening-and-diagnosis	February-2026
	ACOG Clinical Practice Guideline No. 2. Management of Postmenopausal Osteoporosis (April 2022- reaffirmed 2026)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2022/04/management-of-postmenopausal-osteoporosis	February-2026
	Pharmacological Management of Osteoporosis in Postmenopausal Women: An Endocrine Society Guideline Update (2020)	Endocrine Society	https://www.endocrine.org/clinical-practice-guidelines/osteoporosis-in-postmenopausal-women	February-2026
Palliative Care	Clinical Practice Guidelines for Quality Palliative Care 4 th Edition	National Coalition for Hospice and Palliative Care	https://www.nationalcoalitionhpc.org/ncp/	February-2026
Perinatal Care	AFP by Topic: Prenatal (Publication dates vary)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/topics/by-topic.prenatal-care.html	February-2026
	AFP by Topic: Labor, Delivery, and Post-Partum Issues (Publication dates vary)		https://www.aafp.org/pubs/afp/topics/by-topic.labor--delivery--and-postpartum-issues.html	
	Guidelines for Perinatal Care, Eighth Edition (2017)	American Academy of Pediatrics (AAP), American College of Obstetricians and Gynecologists (ACOG)	Available online for ACOG members only. https://www.acog.org/store/products/clinical-resources/guidelines-for-perinatal-care	February-2026

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Pneumonia	Management of Adults with Hospital-acquired and Ventilator-associated Pneumonia: 2016 Clinical Practice Guidelines by the Infectious Diseases Society of America and the American Thoracic Society	American Thoracic Society (ATS), Infectious Diseases Society of America (IDSA)	https://www.thoracic.org/statements/resources/tb-opi/hap-vap-guidelines-2016.pdf	February-2026
	Diagnosis and Management of Community-acquired Pneumonia. An Official American Thoracic Society Clinical Practice Guideline (Published 2025)	American Thoracic Society (ATS)	https://www.atsjournals.org/doi/10.1164/rccm.202507-1692ST?url_ver=Z39.88-2003&rft_id=ori:rid:crossref.org&rft_dat=cr_pub%20%20pubmed	February-2026
Preventive Care (Adults)	Adult Preventive Service Recommendations (Grades A and B)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=P&grades%5B%5D=A&grades%5B%5D=B&age_group%5B%5D=10&age_group%5B%5D=66&searchterm=	February-2026
	Morbidity and Mortality Weekly Report (MMWR)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/	February-2026
	Recommendations for Well-Woman Care	Women's Preventive Services Initiative (WPSI), American College of Obstetricians and Gynecologists (ACOG)	https://www.womenspreventivehealth.org/wellwomanchart/	February-2026
Preventive Care (Pediatrics)	Periodicity of Examination, Preventive Dental Services, Anticipatory Guidance/Counseling, and Oral Treatment for Infants, Children, and Adolescents	American Academy of Pediatric Dentistry (AAPD)	https://www.aapd.org/research/oral-health-policies--recommendations/periodicity-of-examination-preventive-dental-services-anticipatory-guidance-counseling-and-oral-treatment-for-infants-children-and-adolescents/	February-2026
	Adolescent and Pediatric Preventive Service Recommendations	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=P&grades%5B%5D=A&grades%5B%5D=B&age_group%5B%5D=9&age_group%5B%5D=	February-2026

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	Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2025)	Bright Futures/American Academy of Pediatrics	https://www.aap.org/periodicityschedule	February-2026
Respiratory Illness	Adult and Pediatric treatment recommendations	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/hcp/clinical-care/?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians.html	February-2026
	AFP by Topic: Respiratory Tract Infections (Publication dates vary)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/topics/by-topic.respiratory-tract-infections.html	February-2026
Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://www.rheumatology.org/Portals/0/Files/2021-ACR-Guideline-for-Treatment-Rheumatoid-Arthritis-Early-View.pdf	February-2026
Sickle Cell	Evidence-Based Management of Sickle Cell Disease: Expert Panel report, 2014	National Institutes of Health Heart, Lung, and Blood Institute (NIH)	https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease	February-2026
	ASH Clinical Practice Guidelines on Sickle Cell Disease	American Society of Hematology	https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/sickle-cell-disease-guidelines	February-2026
Special Health Care Needs of Adolescents	National Standards for Systems of Care for Children and Youth with Special Health Care Needs (2017)	Association Of Maternal and Child Health Programs and the National Academy for State Health Policy	https://www.nashp.org/wp-content/uploads/2019/10/Standards-for-Systems-of-Care-for-Children-and-Youth-with-Special-Health-Care-Needs-Version-2.0.pdf	February-2026
Tobacco Cessation	Tobacco and Nicotine Cessation During Pregnancy. Committee Opinion No. 807 (May 2020, Reaffirmed 2023)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy	February-2026
	Cessation Materials for State Tobacco Control Programs	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/hcp/patient-care/clinical-cessation-tools.html	February-2026

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	Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions (2021)	United Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions	February-2026
	Tobacco Use in Children and Adolescents: Primary Care Interventions (April 2020, update in progress)	United Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-and-nicotine-use-prevention-in-children-and-adolescents-primary-care-interventions	February-2026
	WHO clinical treatment guideline for tobacco cessation in adults	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789240096431	February-2026
	NCCN Clinical Practice Guidelines in Oncology, Smoking Cessation, Version 3.2022	National Comprehensive Cancer Network (NCCN)	https://nccn.org/view/journals/nccn/21/3/article-p297.xml	February-2026
Traumatic Brain Injury (TBI)	Management and Rehabilitation of Post-Acute Mild Traumatic Brain Injury (mTBI) (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/rehab/mtbi/	February-2026
Weight management	Pediatric Obesity-Assessment, Treatment, and Prevention: An Endocrine Society Clinical Practice Guideline	Endocrine Society	https://academic.oup.com/jcem/article/102/3/709/2965084	February-2026
	Clinical Practice Guidelines For The Perioperative Nutrition, Metabolic, and Nonsurgical Support of Patients Undergoing Bariatric Procedures – 2019 Update: Cosponsored By American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society For Metabolic & Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists	American Association of Clinical Endocrinologists (AACE), The Obesity Society, American Society of Metabolic and Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists	https://www.endocrinepractice.org/article/S1530-891X(20)42802-2/fulltext	February-2026

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	Medical Nutrition Therapy Interventions Provided by Dietitians for Adult Overweight and Obesity Management: An Academy of Nutrition and Dietetics Evidence-Based Practice Guideline (2022)	Academy of Nutrition and Dietetics	https://www.jandonline.org/article/S212-2672(22)01200-X/fulltext	February-2026
	IFSO-WGO Guidelines on Obesity (2023)	World Gastroenterology Organisation and International Federation for the Surgery of Obesity and Metabolic Diseases (IFSO)	https://www.worldgastroenterology.org/guidelines/obesity/obesity-english	February-2025
	American Association of Clinical Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines for Medical Care of Patients with Obesity	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.endocrinepractice.org/article/S1530-891X(20)44630-0/fulltext	February-2026
	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity (2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/151/2/e2022060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected	February-2026
	Final Recommendation Statement High Body Mass Index in Children and Adolescents: Interventions	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-children-and-adolescents-screening	February-2026
	VA/DoD Clinical Practice Guideline Management of Adult Overweight and Obesity (OBE) (2025)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/cd/obesity/	February-2026
	AGA Clinical Practice Guideline on Pharmacological Interventions for Adults with Obesity (2022)	American Gastroenterological Association (AGA)	https://www.gastrojournal.org/article/S0016-5085(22)01026-5/fulltext#secsectitle0435	February-2026

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Zika Virus	Clinical Testing and Diagnosis for Zika Virus Disease (May 15, 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/zika/hcp/diagnosis-testing/?CDC_AAref_Val=https://www.cdc.gov/zika/hc-providers/testing-guidance.html	February-2026

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Antipsychotic Prescribing for Children and Adolescents	Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (March 2019)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/resource/ebp/guidance-strategies-promote-best-practice-antipsychotic-prescribing-children	February-2026
Anxiety Disorder	Generalized Anxiety Disorder and Panic Disorder in Adults	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2022/0800/generalized-anxiety-disorder-panic-disorder.html	February-2026
	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (May 2020)	American Academy of Child and Adolescent Psychiatry (AACAP)	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders - Journal of the American Academy of Child & Adolescent Psychiatry (jaacap.org)	February-2026
Attention–Deficit / Hyperactivity Disorder in Children and Adolescents	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019, Correction March 2020)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/144/4/e20192528/81590/Clinical-Practice-Guideline-for-the-Diagnosis	February-2026
	ADHD Diagnosis and Treatment in Children and Adolescents (March 2024)	Agency for Healthcare Research and Quality (AHRQ)	https://effectivehealthcare.ahrq.gov/products/attention-deficit-hyperactivity-disorder/research	February-2026

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Autism Spectrum Disorder	Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (2020)	American Academy of Pediatrics	https://publications.aap.org/pediatrics/article/145/1/e20193447/36917/Identification-Evaluation-and-Management-of	February-2026
	Applied Behavior Analysis Practice Guidelines for the Treatment of Autism Spectrum Disorder Third Edition (April 2024)	The Council of Autism Service Providers (CASP)	https://www.casproviders.org/standards-and-guidelines	February-2026
	Practice Parameters for Telehealth-Implementation of Applied Behavior Analysis, Second Edition (2021)	The Council of Autism Service Providers (CASP)	https://www.casproviders.org/standards-and-guidelines	February-2026
	201 Standards of Excellence in Applied Behavior Analysis Services	Behavioral Health Center of Excellence (BHCOE)	https://www.bhcoe.org/standards/	February-2026
	Parent Guidelines for Identifying, Selecting, and Evaluating Behavior Analysts Providing Treatment for Individuals Diagnosed with Autism Spectrum Disorder	Autism Special Interest Group (SIG) of the Association for Behavior Analysis International (ABAI)	https://www.asatonline.org/wp-content/uploads/asatdocuments/aSIGParentGuidelines.pdf	February-2026
	Management of Bipolar Disorder (BD) (2023)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/mh/bd/	February-2026
Borderline Personality Disorder	Practice Guideline for the Treatment of Patients with Borderline Personality Disorder, Second Edition	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890428009	February-2026
Delirium	Practice Guideline for the Prevention and Treatment of Delirium, Second Edition	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890428023	February 2026

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Dementia	Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (2016)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890426807	February-2026
	Evaluation of Dementia and Age-Related Cognitive Change (2021)	American Psychological Association (APA)	https://www.apa.org/practice/guidelines/guidelines-dementia-age-related-cognitive-change.pdf	February-2026
Depressive Disorder	Management of Major Depressive Disorder (2022)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/MH/mdd/	February-2026
	Nonpharmacologic and Pharmacologic Treatments of Adults in the Acute Phase of Major Depressive Disorder: A Living Clinical Guideline	American College of Physicians (ACP)	https://www.acpjournals.org/doi/10.7326/M22-2056	February-2026
	Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (2025)	American Psychological Association (APA)	https://www.apa.org/depression-guideline	February-2026
	Clinical Practice Review for Major Depressive Disorder (MDD) (2020)	Anxiety and Depression Association of America (ADAA)	https://adaa.org/resources-professionals/practice-guidelines-mdd	February-2026
	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive Disorders (May 2023)	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/action/showPdf?pii=S0890-8567%2822%2901852-4	February-2026
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition (2023)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424865	February-2026
	Clinical Practice Guideline for Multicomponent Behavioral Treatment of Obesity and Overweight in Children and Adolescents (March 2018)	American Psychological Association (APA)	https://www.apa.org/obesity-guideline	February-2026

Behavioral Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Identification and Management of Eating Disorders in Children and Adolescents	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/147/1/e2020040279/33504/Identification-and-Management-of-Eating-Disorders?autologincheck=redirected	February-2026
Mental Health Conditions During Pregnancy and Post-partum	Treatment and Management of Mental Health Conditions During Pregnancy and Postpartum	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2023/06/treatment-and-management-of-mental-health-conditions-during-pregnancy-and-postpartum	February-2026
Obsessive Compulsive Disorder	Practice Parameter for the Assessment and Treatment of Children and Adolescents with Obsessive-Compulsive Disorder (2012)	American Academy of Child and Adolescent Psychiatry (AACAP)	https://www.jaacap.org/article/S0890-8567(11)00882-3/fulltext	February-2026
Opioid and Substance Use Disorders and Treatment	Clinical Practice Guideline for the Management of Substance Use Disorders (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/mh/sud/	February-2026
	Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (January 2018)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf	February-2026
	National Practice Guideline for the Treatment of Opioid Use Disorder (2020)	American Society of Addiction Medicine (ASAM)	https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline	February-2026
	American Society of Addiction Medicine. ASAM Criteria 4 th Edition (2023)	American Society of Addiction Medicine (ASAM)	https://www.asam.org/asam-criteria	February-2026
	Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (2018)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9781615371969	February-2026

Behavioral Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Substance Abuse and Mental Health Services Administration. Evidence-based Practices Resource Center	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/resource-search/ebp	February-2026
	Opioid Use and Opioid Use Disorder in Pregnancy. ACOG Committee Opinion Number 711 (2012, reaffirmed 2021)	The American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2017/08/opioid-use-and-opioid-use-disorder-in-pregnancy	February-2026
	Clinical Practice Guideline on the Management of Stimulant Use Disorder	American Society of Addiction Medicine (ASAM), American Academy of Addiction Psychiatry (AAAP)	https://www.asam.org/quality-care/clinical-guidelines/stimulant-use-disorders	February-2026
	Clinical Practice Guideline on Alcohol Withdrawal Management	American Society of Addiction Medicine (ASAM)	https://www.asam.org/quality-care/clinical-guidelines/alcohol-withdrawal-management-guideline	February-2026
Posttraumatic Stress Disorder and Acute Stress Disorder	Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2023)	United States Department of Veteran Affairs (VA) and the Department of Defense (DOD)	https://www.healthquality.va.gov/guidelines/MH/ptsd/	February-2026
	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2025)	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline	February-2026
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia, Third Edition	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841	February-2026
	Management of First-Episode Psychosis and Schizophrenia (2023)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/MH/scz/index.asp	February-2026
Suicidal Behavior	Clinical Practice Guideline for the Assessment and Management of Patients at Risk for Suicide (2024)	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/mh/srb/	February-2026
	Suicide Prevention (August 2025)	National Institute of Mental Health (NIMH)	https://www.nimh.nih.gov/health/topics/suicide-prevention#part_2475	February-2026

Behavioral Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Suicide Prevention (February 2023)	American Psychiatric Association (APA)	https://www.psychiatry.org/patients-families/suicide-prevention	February-2026
	Zero Suicide Consensus Guide for Emergency Departments	Zero Suicide, Education Development Center (EDC)	https://zerosuicide.edc.org/resources/settings/emergency-department	February-2026
Transsexual, Transgender, and Gender Nonconforming Health	Guidelines for Psychological Practice with Transgender and Gender Nonconforming People (2015)	American Psychiatric Association (APA)	https://www.apa.org/practice/guidelines/transgender.pdf	February-2026
	Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline (2017, updated 2018)	Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558?login=false	February-2026
	WPATH Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Version 8 (2022)	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc	February-2026
	Health Care for Transgender and Gender Diverse Individuals Number 823 (March 2021, reaffirmed 2024)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2021/03/health-care-for-transgender-and-gender-diverse-individuals	February-2026

Revision log	Revision Date	Approval Date
Updated Adopted Clinical Practice and Preventive Health Guidelines attachment to most current versions of guidelines (Added Practice Guidelines for ADHD, Adult Preventive Care, Asthma, Back Pain, Bipolar Disorder, Coronary Artery Disease, Diabetes, Hyperlipidemia, Hypertension, Lead Screening, Major Depressive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Preventive Care, Perinatal Care, Respiratory Illness, Schizophrenia, Sickle Cell, Stress Disorder, Substance Use Disorders, Tobacco Cessation, Use of Psychotropic Medication. Removed Practice Guidelines for Back Pain, Coronary Artery Disease, Heart Failure, and Hyperlipidemia.)	07/15	07/15
Added the following behavioral health clinical practice guideline: Practice Guideline for the Treatment of Patients with Schizophrenia (2021).	02/21	02/21
Reviewed and updated all links and guideline version as appropriate. Added Guideline for the Management of Adults	03/21	04/21

Revision log	Revision Date	Approval Date
with Congenital Heart Disease. Removed link to ASTRO guidelines for Radiation Therapy for Whole Breast and Hypofractionation for Localized Prostate Cancer and Clinically Localized Prostate Cancer, replaced with link to all ASTRO Clinical Practice Guidelines for Cancer. Removed duplicate Guideline for the Management of Heart Failure. Updated the following guidelines with new publication revision dates: Guidelines for the Diagnosis and Management of Asthma 2020 Focused Updates; Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease; Overview of Testing for SARS-CoV-2 (COVID-19); Standards of Medical Care in Diabetes (2021); Recommendations for the Use of Antiretroviral Drugs in Pregnant Women with HIV Infection and Interventions to Reduce Perinatal HIV Transmission in the United States; Recommended adult immunization schedule for ages 19 years and older, United States; Recommended child and adolescent Immunization Schedule for ages 18 years or younger, United States; Sickle Cell Disease Recommendations; Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Persons (2021). Updated links for: AACE/ACE Consensus Statement: Consensus Statement by the American Association of Clinical Endocrinologists and American College of Endocrinology on the Comprehensive Type 2 Diabetes Management Algorithm-2020 Executive Summary; Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease; AHA/ACCF Guideline: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease; 2019 AHA/ACCF Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines; Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2016; Tobacco and Nicotine Cessation During Pregnancy (May 2020); Practice Parameter for the Assessment and Treatment of Children and Adolescents With Autism Spectrum Disorder (2014); Practice Parameter for the Assessment and Treatment of Children and Adolescents with Obsessive-Compulsive Disorder (2012); Practice Parameter for the Assessment and Treatment of Children and Adolescents with Schizophrenia (2013).		
Corrected low back pain guidelines so they are under the Back Pain category and not Cancer.	05/21	
Added BH policy subcommittee-approved guidelines for: antipsychotic prescribing in children and adolescents (AAP), Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (AAP), and Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (APA).	08/21	08/21
Removed American Pain Society reference under back pain guidelines. Added NASS guideline for Diagnosis and Treatment of Low Back Pain (2020). Removed the American Cancer Society Guidelines for the Early Detection of Cancer.	09/21	10/21
Added Applied Behavioral Analysis Treatment of Autism Spectrum Disorder, Practice Guidelines for Healthcare Funders and Managers, Second Edition, as approved by BH CPSC.	01/22	12/21
Updated the 2016 Surviving Sepsis Guidelines with the 2021 Surviving Sepsis guidelines and added the Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3).	01/22	01/22
Annual review. Reviewed and updated all links and guideline versions as appropriate. Added the following guidelines: Low Back Pain: Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health (2012) Journal of Orthopaedic and Sports Physical Therapy; Pharmacologic Management of Chronic Obstructive Pulmonary Disease. An Official American Thoracic Society Clinical Practice Guideline (2020); COVID- 19 Treatment	04/22	04/22

Revision log	Revision Date	Approval Date
Guidelines Panel. Coronavirus Disease 2019 (COVID-19) Treatment Guidelines (NIH); 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines; 2020 International Society of Hypertension Global Hypertension Practice Guidelines (AHA); Diagnosis and Treatment of Adults with Community-acquired Pneumonia, American Thoracic Society, Infectious Diseases Society of America; Preventive Care (Adults) USPSTF Adult Preventive Screenings. Removed archived guideline, ACOG Practice Bulletin No.129 Osteoporosis and replaced with ACOG Clinical Practice Bulletin No. 1. Osteoporosis Prevention, Screening, and Diagnosis (2021). Removed outdated guidelines: Lipid Management in Adults (ICSI), Recommendations for Blood Lead Screening of Medicaid Eligible Children Aged 1-5 Years: an Updated approach to Targeting a Group at High Risk (ACCLPP); Diagnosis and Treatment of Respiratory Illness in Children and Adults (ICSI), VA/DoD Clinical Practice Guideline for Opioid Therapy for Chronic Pain (2017). Updated the following guidelines with new publication revision dates: 2021 GINA Report, Global Strategy For Asthma Management and Prevention; Final Recommendation Statement Gonorrhea and Chlamydia: Screening. (September 2021) USPSTF; Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2021 Report); Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease (2021); Overview of Testing for SARS-CoV-2 (COVID-19) (Updated January 2022); Professional Practice Committee: Standards of Medical Care in Diabetes-2022; HIV/AIDS Clinical Care Guidelines and Resources U.S. Department of Health and Human Services (HHS) Health Resources and Services Administration (HRSA); Diagnosis and Management of Acute HIV Infection (2021) AIDS Institute; Adult Immunization Schedule. Recommendations for Ages 19 years or older, United States, 2022; Child and Adolescent Immunization Schedule. Recommendations for Ages 18 years or younger, United States, 2022; Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP, United States, 2021-22 Influenza Season; Clinical Practice Guidelines for Quality Palliative Care 4th Edition; 2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis; Sickle Cell Disease, Recommendations (2021); Management and Rehabilitation of Post-Acute Mild Traumatic Brain Injury (mTBI) (2021); VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders (2021). BH guidelines approved by the BH Clinical Policy Subcommittee in May 2022.		
Added Practice Parameters for Telehealth-Implementation of Applied Behavior Analysis, Second Edition, approved by the BH Clinical Policy Subcommittee.	06/22	06/22
Annual review. Reviewed and updated all links and guideline versions as appropriate. Added the following guidelines: ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults; WHO Guideline for clinical management of exposure to lead (2021); ASH Clinical Practice Guidelines on Sickle Cell Disease (2016); Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents With Obesity (2023) AAP; American Association of Clinical Endocrinologists and American College of Endocrinology Comprehensive Clinical Practice Guidelines For Medical Care of Patients with Obesity; 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol. Updated the following guidelines with new publication revision dates: VA/DoD Clinical Practice Guideline for the Diagnosis and Treatment of Low Back Pain. (2022); 2022 GINA Report, Global Strategy for Asthma Management and Prevention; Global Strategy for the Diagnosis, Management, and	04/23	04/23

Revision log	Revision Date	Approval Date
Prevention of Chronic Obstructive Pulmonary Disease (2023 Report); Overview of Testing for SARS- CoV-2 (COVID-19) (Updated September 2022); American Diabetes Association (ADA) Standards of Care in Diabetes- 2023 (Volume 46, Issue Supplement 1); American Association of Clinical Endocrinology Clinical Practice Guideline: Developing a Diabetes Mellitus Comprehensive Care Plan—2022 Update; 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines; Adult Immunization Schedule. Recommendations for Ages 19 years or older, United States, 2023; Child and Adolescent Immunization Schedule. Recommendations for Ages 18 years or younger, United States, 2023; Periodicity of Examination, Preventive Dental Services, Anticipatory Guidance/Counseling, and Oral Treatment for Infants, Children, and Adolescents; Periodicity Schedule: Recommendations for Preventive Pediatric Health Care. Removed the following guidelines: Institute for Clinical Systems Improvement (ICSI), Low Back Pain, Adult Acute and Subacute (Updated March 2018); Diagnosis and Management of Acute HIV Infection. (Reviewed and updated 2021); Clinical Report: Preventing Obesity and Eating Disorders in Adolescents. (Pediatrics Vol. 138 Iss.3 Sept. 2016 pp.1834-1842) AAP. Added BH policy subcommittee-approved guidelines: Updated Generalized Anxiety Disorder and Panic Disorder in Adults: Management to the 2020 version. Added Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders. Changed the title of “Management of Major Depressive Disorder” to “VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder”. Added Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive Disorders.		
Updated links for Added BH policy subcommittee-approved guidelines: Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (May 2020); Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive Disorders (May 2023); Practice Parameter for the Assessment and Treatment of Children and Adolescents With Posttraumatic Stress Disorder (Updated April 2010); American Society of Addiction Medicine, ASAM Criteria 3rd Edition (2013); Suicide Prevention (2022); Suicide Prevention (February 2023). Updated link for ACOG Clinical Practice Bulletin No. 1. Osteoporosis Prevention, Screening, and Diagnosis (2021).	06/23	07/23
Annual review. Reviewed and updated all links and guideline versions as appropriate. Combined “Adult Preventive Care” section with “Preventive Care (Adult)” section. Added the following Physical Health guidelines: VA/DoD Clinical Practice Guideline: The Primary Care Management of Asthma (2019), IDSA Guidelines of the Treatment and Management of Patients with COVID-19 (2021, updated June 2023), Clinical Management of COVID-19: Living Guideline (August 2023), 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines, VA/DoD Clinical Practice Guidelines Management of Type 2 Diabetes Mellitus (2023), VA/DoD Clinical Practice Guidelines Use of Opioids in the Management of Chronic Pain (2022), Pharmacological Management of Osteoporosis in Postmenopausal Women: An Endocrine Society Guideline Update (2020), VA/DoD Clinical Practice Guideline Management of Adult Overweight and Obesity (OBE) (2020), For Healthcare Providers: New Zika and Dengue Testing Guidance (November 2019). Updated the following Physical	03/24	03/24

Revision log	Revision Date	Approval Date
Health guidelines with new publication revision dates: 2023 GINA Report, Global Strategy for Asthma Management and Prevention, Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2024 Report), Standards of Care in Diabetes- 2024 (Volume 47, Issue Supplement 1), American Geriatrics Society 2023 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults, WFH Guidelines for the Management of Hemophilia 3rd Edition, Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP — United States, 2023-2024 Influenza Season, Adult Immunization Schedule. Recommendations for Ages 19 years or older, United States, 2024, Child and Adolescent Immunization Schedule. Recommendations for Ages 18 years or younger, United States, 2024. Removed individual ACC/AHA Clinical Practice Guidelines and added link to all ACC CPGs. Removed the following guidelines: ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults, The Management of Community- Acquired Pneumonia in Infants and Children Older Than 3 Months of Age: Clinical Practice Guidelines by the Pediatric Infectious Diseases Society and the Infectious Diseases Society of America (2011). Added the following Behavioral Health guidelines; Under Anxiety Disorders, added Anxiety and Depression Association of American (ADAA) Clinical Practice Review for Social Anxiety Disorder (2015) and Clinical Practice Review for Generalized Anxiety Disorder (2015). Added section for Bipolar Disorder and included Management of Bipolar Disorder (BD) (2023) VA/DoD guideline. Added section for Dementia and included APA Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (2016) and APA Evaluation of Dementia and Age-Related Cognitive Change (2021). Under Depressive Disorder, added American College of Physicians (ACP) Nonpharmacologic Treatments of Adults in the Acute Phase of Major Depressive Disorder: A Living Clinical Guideline and Anxiety and Depression Association of America (ADAA) Clinical Practice Review for Major Depressive Disorder (MDD) (2020). Retitled Adolescent Eating Disorders section to Eating Disorders and included APA Practice Guideline for the Treatment of Patients with Eating Disorders, Fourth Edition (2023) and NICE Eating Disorders: recognition and treatments (2017, updated December 2020). Combined Opioid Use and Management of Substance Use Disorders sections and retitled to Opioid and Substance Use Disorders and Treatment. Added APA Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (2018), SAMHSA Evidence based Practices Resource Center, and ACOG Opioid Use Disorder in Pregnancy Committee Opinion Number 711 (2012, reaffirmed 2021), updated ASAM Criteria to Fourth Edition (2023) and VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders (2021). Under Post Traumatic Stress Disorder and Acute Stress Disorder, added APA Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017) and updated VA/DoD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2023). Under Schizophrenia, added VA/DoD Management of First-Episode Psychosis and Schizophrenia (2023). Retitled Gender Reassignment and Transgender Issues section to Transsexual, Transgender, and Gender Nonconforming People, added Endocrine Treatment of Gender-Dysphoria/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline and WPATH Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People. Reorganized and reformatted CPG sections and grid.		

Revision log	Revision Date	Approval Date
Updated link and title for USPSTF Adult Preventive Service Recommendations under Preventive Care (Adults). Added USPSTF Adolescents and Pediatric Preventive Service Recommendations under Preventive Care (Pediatrics). Added Zero Suicide Consensus Guide for Emergency Departments under Suicidal Behavior.	04/24	
Annual review. Reviewed and updated all links and guideline versions as appropriate. Added the following Physical Health guidelines: Combined Coronary Artery Disease section and Congenital Disorders to Cardiovascular Disease, Added ISTH- clinical practice guideline for treatment of congenital hemophilia A and B based on the Grading of Recommendations Assessment, Development, and Evaluation methodology; Updated Hyperlipidemia section to Dyslipidemia and added VA/DoD Clinical Practice Guidelines Management of Dyslipidemia for Cardiovascular Risk Reduction (2020); AAFP- Blood Pressure Targets in Adults With Hypertension: A Clinical Practice Guideline From the AAFP (2022), VA/DoD- Clinical Practice Guidelines Diagnosis and Management of Hypertension (HTN) in Primary Care (2020); ACOG Clinical Practice Guideline No. 2. Management of Postmenopausal Osteoporosis (April 2022); Women’s Preventive Services Initiative (WPSI), American College of Obstetricians and Gynecologists (ACOG)- Recommendations for Well-Woman Care; WHO clinical treatment guideline for tobacco cessation in adults; NCCN Clinical Practice Guidelines in Oncology, Smoking Cessation, Version 3.2022; Pediatric Obesity-Assessment, Treatment, and Prevention: An Endocrine Society Clinical Practice Guideline; American Association of Clinical Endocrinologists (AACE), The Obesity Society, American Society of Metabolic and Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists- Clinical Practice Guidelines For The Perioperative Nutrition, Metabolic, and Nonsurgical Support of Patients Undergoing Bariatric Procedures – 2019 Update; IFSO-WGO GUIDELINES ON OBESITY (2023). Updated the following Physical Health guidelines with new publication revision dates: 2024 GINA Report, Global Strategy for Asthma Management and Prevention; Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2025 Report); IDSA Guidelines of the Treatment and Management of Patients with COVID-19 (Updated August 2024); USPSTF- Prevention of Human Immunodeficiency Virus (HIV) Infection: Preexposure Prophylaxis (2023); ACOG- Routine Human Immunodeficiency Virus Screening (2014- reaffirmed 2024); CDC- Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP United States, 2024-2025 Influenza Season; CDC- Adult Immunization Schedule. Recommendations for Ages 19 years or older, United States, 2025; CDC- Child and Adolescent Immunization Schedule. Recommendations for Ages 18 years or younger, United States, 2025; Bright Futures/American Academy of Pediatrics- Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2024); Final Recommendation Statement High Body Mass Index in Children and Adolescents: Interventions; CDC- Clinical Testing and Diagnosis for Zika Virus Disease For Healthcare Providers: New Zika and Dengue Testing Guidance (May 15, 2024). Removed the following guidelines: HHS, NIH and NHLBI Asthma Care Quick Reference: Diagnosing and Managing Asthma. Guidelines from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2012); Journal of Orthopaedic and Sports Physical Therapy- Low Back Pain: Clinical Practice Guidelines Linked to the International Classification of Functioning, Disability, and Health (2012); NIH- Coronavirus Disease 2019 Treatment Guidelines; NICE Managing Medicines for Adults Receiving Social Care in the Community (2017); General Evidence Based Medicine- Choosing Wisely; HHS/HRSA- Guide for HIV/AIDS Program Clinical Care (2014); 2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults; U.S. Department of	02/25	

Revision log	Revision Date	Approval Date
Health and Human Services, NIH, NHLBI - Managing Overweight and Obesity in Adults: Systematic Evidence Review from the Obesity Expert Panel (2013). Added the following Behavioral Health guidelines: Added the following Behavioral Health guidelines: AAFP Generalized Anxiety disorder and Panic disorder in adults; Added Borderline Personality Disorder section and included APA Practice Guideline for the Treatment of Patients with Borderline Personality Disorder, 2nd edition; ASAM Clinical Practice Guideline on the Management of Stimulant Use Disorder; ASAM Clinical Practice Guideline on Alcohol Withdrawal Management; ACOG Committee Opinion Health Care for Transgender and Gender Diverse Individuals Number 823 (March 2021, reaffirmed 2024); Updated the following Behavioral Health guidelines with new publication revision dates: CASP Applied Behavior Analysis Practice Guidelines for the Treatment of Autism Spectrum Disorder Third Edition (April 2024); Federal Guidelines for Opioid Treatment Programs (2024); VA Clinical Practice Guideline for the Assessment and Management of Patients at Risk for Suicide (2024). Removed the following guidelines: ADAA Clinical Practice Review for Generalized Anxiety Disorder; AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Autism Spectrum Disorder (February 2014); NICE Generalized Anxiety Disorder and Panic Disorder in Adults: Management (Updated June 2020), NICE- Eating disorders: recognition and treatments (2017, updated December 2020) AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents with Posttraumatic Stress Disorder (April 2010); AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents with Schizophrenia (2013).		
Added BHCOE 201 Standards of Excellence in Applied Behavior Analysis Services and ABAI Parent Guidelines to Autism Spectrum Disorder section.	06/25	
Annual review. Reviewed and updated all links and guideline versions as appropriate. Added the following Physical Health guidelines: Back Pain- Use of corticosteroids for adult chronic pain interventions: sympathetic and peripheral nerve blocks, trigger point injections - guidelines from the American Society of Regional Anesthesia and Pain Medicine, the American Academy of Pain Medicine, the American Society of Interventional Pain Physicians, and the International Pain and Spine Intervention Society, COPD- Long-Term Noninvasive Ventilation in Chronic Stable Hypercapnic Chronic Obstructive Pulmonary Disease: An Official ATS Clinical Practice Guideline, Immunizations- American Academy of Family Physicians (AAFP), Recommended Adult Immunization Schedule by Age Group, United States, 2025, American Academy of Pediatrics (AAP) Recommended Child and Adolescent Immunization Schedule for Ages 18 Years or Younger, American College of Obstetricians and Gynecologists (ACOG) Immunization Schedules by Age for 2025. Updated the following Physical Health guidelines with new publication revision dates: 2025 GINA Report, Global Strategy for Asthma Management and Prevention, VA/DoD Clinical Practice Guideline: The Primary Care Management of Asthma (2025), World Health Organization (WHO) Clinical Management of COVID-19: Living Guideline June 2025, American Diabetes Association (ADA) Standards of Care in Diabetes- 2025 (Volume 48, Issue Supplement 1), VA/DoD Clinical Practice Guidelines Management of Dyslipidemia for Cardiovascular Risk Reduction (2025), 2025 AHA/ACC/AANP/AAPA/ABC/ACCP/ACPM/AGS/AMA/ASPC/NMA/PCNA/SGIM Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines, Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP United States, 2025-26 Influenza Season,	02/26	02/26

Revision log	Revision Date	Approval Date
ACOG Clinical Practice Guideline No. 1. Osteoporosis Prevention, Screening, and Diagnosis (September 2021-reaffirmed 2025), ACOG Clinical Practice Guideline No. 2. Management of Postmenopausal Osteoporosis (April 2022-reaffirmed 2026), American Thoracic Society (ATS) Diagnosis and Management of Community-acquired Pneumonia. An Official American Thoracic Society Clinical Practice Guideline, Bright Futures/American Academy of Pediatrics Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2025), VA/DoD Clinical Practice Guideline Management of Adult Overweight and Obesity (OBE) (2025). Removed the following guidelines: Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (April 2017), Expert Panel on Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents. The Report of the Expert Panel (October 2012), Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP) Adult Immunization Schedule. Recommendations for Ages 19 years or older, United States, 2025 and Child and Adolescent Immunization Schedule. Recommendations for Ages 18 years or younger, United States, 2025. Added the following Behavioral Health guidelines: Agency for Healthcare Research and Quality (AHRQ) ADHD Diagnosis and Treatment in Children and Adolescents (March 2024), Practice Guidelines, Delirium section and American Psychiatric Association (APA) Practice Guideline for the Prevention and Treatment of Delirium, Second Edition, American Academy of Pediatrics (AAP) Identification and Management of Eating Disorders in Children and Adolescents, Mental Health Conditions in Pregnancy and Post Partum American College of Obstetricians and Gynecologists (ACOG) Treatment and Management of Mental Health Conditions During Pregnancy and Postpartum. Updated the following Behavioral Health guidelines with new publication revision dates: American Psychological Association (APA) Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (2025), American Psychological Association (APA) Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2025), National Institute of Mental Health (NIMH) Suicide Prevention (August 2025). Removed the following guidelines: Anxiety and Depression Association of America (ADAA) Clinical Practice Review for Social Anxiety Disorder (2015), Anxiety and Depression Association of America (ADAA) Clinical Practice review for OCD (2015), Federal Guidelines for Opioid Treatment Programs (2024).		