



Adopted Clinical Practice and Preventive Health Guidelines

Condition/Disease	Guideline Title	Recognized Source	URL	Review/ Approval Date
Medical				
Adult Preventive Care	American Cancer Society Guidelines for the Early Detection of Cancer (Revised October 2015)	American Cancer Society (ACS)	http://www.cancer.org/Healthy/FindCancerEarly/CancerScreeningGuidelines/american-cancer-society-guidelines-for-the-early-detection-of-cancer	Jun-15 Jun-16
	Morbidity and Mortality Weekly Report (MMWR)(Last updated June 9, 2016)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/	Jul-15 Jun-16
	U.S. Preventive Services Task Force Recommendations.(Publication dates vary)	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/uspsttopics.htm	Jun-15 Jun-16
Asthma	Asthma Care Quick Reference Diagnosing and managing asthma. Guidelines from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2012.)	U.S. Department of Health and Human Services; National Institute of Health; National Heart, Lung, and Blood Institute	http://www.nlm.nih.gov/files/docs/guidelines/asthma_qrg.pdf	Jun-15 Jun-16
	Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (Full Report July 2007) and Changes to the Guidelines (August 2008)	U.S. Department of Health and Human Services; National Institute of Health; National Heart, Lung, and Blood Institute	http://www.nlm.nih.gov/guidelines/asthma/index.htm and http://www.nlm.nih.gov/guidelines/asthma/epr3-errata.htm	Jun-15 Jun-16
	Global Strategy For Asthma Management and Prevention. Updated 2016	Global Initiative for Asthma (GINA)	http://ginasthma.org/2016-gina-report-global-strategy-for-asthma-management-and-prevention/	Jul-15 Jun-16



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Back Pain	Adult Acute Low Back Pain (Updated November 2012)	Institute for Clinical Improvement (ISCI)	https://www.icsi.org/_asset/bjvqrj/LBP.pdf	Jun-15 Jun-16
	Diagnosis and treatment of low back pain: a joint clinical practice guideline from the American College of Physicians and the American Pain Society (October 2, 2007)	American College of Physicians; American Pain Society	http://annals.org/article.aspx?articleid=736814	Jul-15 Jun-16
	Low back pain: clinical practice guidelines linked to the International Classification of Functioning, Disability, and Health from the Orthopedic Section of the American Physical Therapy Association (April 2012)	American Physical Therapy Association (APTA)	http://www.guideline.gov/content.aspx?id=36828	Jul-15 Jun-16
Chlamydia Screening	Final Recommendation Statement Gonorrhea and Chlamydia: Screening, September 2014	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/chlamydia-and-gonorrhea-screening	Jul-15 Jun-16
COPD	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (Updated 2016)	The Global Initiative for Chronic Obstructive Lung Disease (GOLD)	http://goldcopd.org/global-strategy-diagnosis-management-prevention-copd-2016/	Jun-15 Jun-16
Coronary Artery Disease	Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents. The Report of the Expert Panel (Last Updated January 2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/guidelines/cvd_ped/index.htm	Jul-15 Jun-16



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	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk. (Circulation. 2014; 129:S49-S73) (Published online November 12, 2013)	American College of Cardiology and American Heart Association Task Force	http://circ.ahajournals.org/lookup/doi/10.1161/01.cir.0000437741.48606.98	Jul-15 Jun-16
	AHA Scientific Statement: Exercise and Physical Activity in the Prevention and Treatment of Atherosclerotic Cardiovascular Disease (Circulation. 2003; 107:3109-3116)	The Council on Clinical Cardiology and the Council on Nutrition, Physical Activity, and Metabolism	http://circ.ahajournals.org/content/107/24/3109.long	Jun-15 Jun-16
	AHA Scientific Statement: Secondary Prevention of Atherosclerotic Cardiovascular Disease in Older Adults. (Circulation. 2013; 128:2422-2446)	American Heart Association	http://circ.ahajournals.org/content/128/22/2422.full	Jul-15 Jun-16
	AHA/ACC/ASH Scientific Statement Treatment of Hypertension in Patients with Coronary Artery Disease. (Circulation 2015;131:e435-e470)	American Heart Association, American College of Cardiology, and American Society of Hypertension	http://circ.ahajournals.org/content/131/19/e435.full	Jul-15 Jun-16
	AHA/ACCF Guideline: AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease, 2011 Update (Circulation. 2011; 124: 2458-2473) and	American Heart Association and American College of Cardiology Foundation	http://circ.ahajournals.org/content/124/22/2458.full.pdf	Jun-15 Jun-16



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	The Primary and Secondary Prevention of Coronary Artery Disease: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines (8th Edition)(June 2008)	American College of Chest Physicians	http://journal.publications.chestnet.org/article.aspx?articleid=1085935	Jul-15 Jun-16
Diabetes	AACE/ACE Guidelines: American Association of Clinical Endocrinologists and American College of Endocrinology-Clinical Practice Guidelines for Developing a Diabetes Mellitus Comprehensive Care Plan (<i>Endocrine Practice 2015, Volume 21, S1-87</i>).	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.aace.com/files/dm-guidelines-ccp.pdf	Jun-15 Jun-16
	Clinical Practice Recommendations – 2015. Standards of Medical Care in Diabetes (Diabetes Care 2016, Volume 39, S1-S112)	American Diabetes Association (ADA)	http://professional.diabetes.org/ResourcesForProfessionals.aspx?cid=84160	Jul-15 Jun-16
	Standards of Medical Care in Diabetes (Diabetes Care January 2016, 39: 1175-1395)	American Diabetes Association (ADA)	http://care.diabetesjournals.org/content/current	Jun-15 Jun-16
Heart Failure	ACCF/AHA Practice Guideline 2013 ACCF/AHA Guideline for the Management of Heart Failure(Circulation. 2013; 128: e240-e327)	American College of Cardiology Foundation and American Heart Association Task Force on Practice Guidelines	http://circ.ahajournals.org/content/128/16/e240.full.pdf+html	Jun-15 Jun-16



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	AHA Scientific Statement: Exercise and Heart Failure (Circulation. 2003; 107:1210-1225)	American Heart Association Committee on Exercise, Rehabilitation, and Prevention	http://circ.ahajournals.org/content/107/8/1210	Jun-15 Jun-16
	HFSA 2010 Comprehensive Heart Failure Practice Guideline. (June 2010; 16: e1-e194)	Heart Failure Society of America	http://www.ncbi.nlm.nih.gov/pubmed/20610207 and http://www.hfsa.org/heart-failure-guidelines-2/	Jun-15 Jun-16
	Updated Clinical Practice Guidelines on Heart Failure: An International Alignment (May 2016)	American Heart Association, American College of Cardiology Foundation, Heart Failure Society of American, and the Heart Failure Association and the European Society of Cardiology	http://circ.ahajournals.org/content/early/2016/05/18/CIR.0000000000000436	Jun-16
Hyperlipidemia	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults. (Circulation 2014; 129:S1-S45)	American College of Cardiology/American Heart Association Task Force on Practice Guidelines	http://circ.ahajournals.org/content/129/25_suppl_2/S1	Jul-15 Jun-16 Aug-16
	Management of Blood Cholesterol in Adults: Systematic Evidence Review from the Cholesterol Expert Panel (2013)	U.S. Department of Health and Human Services, National Institute of Health, National	http://www.nhlbi.nih.gov/guidelines/cholesterol/ser/index.htm	Jul-15 Jun-16



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		Heart, Lung, and Blood Institute		
	<i>Third Report of the National Cholesterol Education Program Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) Final Report</i> September 2002	National Institute of Health and National Heart, Lung, and Blood Institute	http://circ.ahajournals.org/content/106/25/3143.short?rss=1&ssource=mfc	Jun-15 Jun-16
Hypertension	2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults: Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8) (JAMA. 2014;311(5):507-520. doi:10.1001/jama.2013.284427)	The Journal of the American Medical Association (JAMA)	http://jama.jamanetwork.com/article.aspx?articleid=1791497	Jun-15 Jun-16
	Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation and Treatment of High Blood Pressure (JNC7) (August 2004)	U.S. Department of Health and Human Services, National Institutes of Health, National Heart, Lung and Blood Institute	http://www.nhlbi.nih.gov/files/docs/guidelines/jnc7full.pdf	Jul-15 Jun-16
Immunizations	Adult Immunization Schedule , United States 2016	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/vaccines/schedules/hcp/adult.html	Jun-15 Jun-16



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	Birth-18 Years & "Catch-up" Immunization Schedules, United States, 2016	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/vaccines/schedule/hcp/child-adolescent.html	Jun-15 Jun-16
	Prevention and Control of Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices (ACIP) — United States, 2015–16 Influenza Season	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6430a3.htm	Jun-15 Jun-16
Lead Screening	Lead Toxicity How should patients exposed to lead be evaluated? (August 20, 2007)	Agency for Toxic Substances and Disease Registry (ATSDR)	http://www.atsdr.cdc.gov/csem/csem.asp?csem=7&po=11	Jul-15 Jun-16
	Low Level Lead Exposure Harms Children: A Renewed Call for Primary Prevention Report of the Advisory Committee on Childhood Lead Poisoning Prevention of the Centers for Disease Control and Prevention (January 4, 2012)	Advisory Committee for Childhood Lead Poisoning Prevention	http://www.cdc.gov/nceh/lead/ACCLPP/Final_Document_030712.pdf	Jun-15 Jun-16
	Recommendations for Blood Lead Screening of Medicaid-Eligible Children Aged 1-5 Years: an Updated Approach to Targeting a Group at High Risk (Last Reviewed 07/28/2009)	Advisory Committee on Childhood Lead Poisoning, Division of Environmental and Emergency Health Services, and National Center for Environmental Health	http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5809a1.htm	Jul-15 Jun-16
Pediatric Preventive Care	Guidelines on Periodicity of Examination, Preventive Dental Services, Anticipatory	American Academy of Pediatric Dentistry	http://www.aapd.org/media/Policies_Guidelines/G_Periodicity.pdf	Jul-15 Jun-16



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	Guidance/Counseling, and Oral Treatment for Infants, Children, and Adolescents (Revised 2013)			
	Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2015)	American Academy of Pediatrics (AAP)	http://www.aap.org/en-us/professional-resources/practice-support/Pages/PeriodicitySchedule.aspx	Jun-15 Jun-16
Perinatal Care	AFP by Topic: Prenatal (2016)	American Academy of Family Physicians (AAFP)	http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=25	Jul-15 Jun-16
	Guidelines for Perinatal Care, Seventh Edition (October 2012)	The American College of Obstetricians and Gynecologists	Available online for ACOG members only. http://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines	Jun-15 Jun-16
Respiratory Illness	Adult and Pediatric treatment recommendations. (Last updated April 17, 2015)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/getsmart/community/for-hcp/outpatient-hcp/index.html	Jul-15 Jun-16
	Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America. (Clin Infect Dis 2012; 55: e86-	Infectious Disease Society of America (IDSA)	http://cid.oxfordjournals.org/content/55/10/e86.full.pdf+html	Jul-15 Jun-16



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	e102.) First published online Sept. 9, 2012.			
	Upper Respiratory Tract Infections (Publication dates vary)	American Academy of Family Physicians (AAFP)	http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=29	Jun-16
	Diagnosis and Treatment of Respiratory Illness in Children and Adults. (Updated January 2013)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/_asset/1wp8x2/RespIllness.pdf	Jul-15 Jun-16
Sickle Cell	Evidence-Based Management of Sickle Cell Disease. Expert Panel Report, 2014.	U.S. Department of Health and Human Services; National Institutes of Health; National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/sites/www.nhlbi.nih.gov/files/sickle-cell-disease-report.pdf	Jul-15 Jun-16
	Sickle Cell Disease, Recommendations (Last updated September 14, 2015)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/ncbddd/sicklecell/recommendations.html	Jul-15 Jun-16
	The Management of Sickle Cell Disease, Fourth Edition (2004)	National Institutes of Health; National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/health/prof/blood/sickle/index.htm	Jun-15 Jun-16
Weight Management	Active Healthy Living: Prevention of Childhood Obesity Through Increased Physical Activity. (Pediatrics Vol. No.5 May 1, 2006 pp.1834-1842)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/117/5/1834.full	Jul-15 Jun-16
	Adult Weight Management (AWM) Guideline (2014)	Academy of Nutrition and Dietetics	http://www.andeal.org/topic.cfm?menu=5276&cat=4688	Jun-15 Jun-16



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	Managing Overweight and Obesity in Adults: Systematic Evidence Review from the Obesity Expert Panel (2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/obesity-evidence-review	Jul-15 Jun-16
	Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report (December 2007)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/suppl/2007/12/03/120.Supplement.4.S163.DC1/Obesity_Supplement_120-6.pdf	Jul-15 Jun-16
	Final Recommendation Statement Obesity in Children and Adolescents: Screening, January 2010	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/obesity-in-children-and-adolescents-screening	Jul-15 Jun-16
	The Practical Guide to the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults (NIH Publication Number 00-4084 October 2000)	National Institute of Health; National Heart, Lung, and Blood Institute; North American Association for the Study of Obesity	http://www.nhlbi.nih.gov/guidelines/obesity/prctgd_c.pdf	Jun-15 Jun-16
Behavioral Health				
ADHD	ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-deficit/Hyperactivity	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654.full.pdf+html	Jun-15 Jun-16



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	Disorder in Children and Adolescents. (Published online October 16, 2011; DOI: 10.1542/peds.2011-2654)			
	Clinical Practice Guideline: Treatment of the School-Aged Child with Attention-Deficit/Hyperactivity Disorder (Pediatrics Vol. 108 No. 4 October 1, 2001 pp. 1033 - 1044)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/108/4/1033.full?sid=6dac3588-095c-49c7-adc5-62643dc1641a	Jun-15 Jun-16
	Practice Parameter for the assessment and treatment of children and adolescents with attention-deficit/hyperactivity disorder (AACAP Revised: 7/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)62182-1/pdf	Jul-15 Jun-16
Anxiety Disorder	Practice parameter for the assessment and treatment of children and adolescents with anxiety disorders (Revised: 2/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)61838-4/pdf	Jul-15 Jun-16
Bipolar Disorder	Practice Guideline for the Treatment of Patients with Bipolar Disorder. Second Edition. (April 2002) and Guideline Watch (November 2005)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15 Jun-16
	Practice parameter for the assessment and treatment of children and adolescents with bipolar disorder.(Revised: 1/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)61968-7/pdf	Jul-15 Jun-16
Major Depressive Disorder	Practice Guideline for the Treatment of Patients With Major Depressive Disorder. Third Edition. (2010)	American Psychiatric Association (APA)	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf	Jun-15 Jun-16



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	Practice parameter for the assessment and treatment of children and adolescents with depressive disorders (Revised 11/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)62053-0/pdf	Jul-15 Jun-16
Oppositional Defiant Disorder	Practice parameter for the assessment and treatment of children and adolescents with oppositional defiant disorder. (1/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)61969-9/pdf	Jul-15 Jun-16
Panic Disorder	Practice Guideline for the Treatment of Patients with Panic Disorder. Second Edition. (January 2009)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15 Jun-16
Pediatric Medical and Psychiatric Management	Practice parameter for the psychiatric assessment and management of physically ill children and adolescents. (February 2009)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx	Jun-16
Schizophrenia	The Practice Guideline for the Treatment of Patients With Schizophrenia. Second Edition.(April 2004) and Guideline Watch(September 2009)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15 Jun-16
Stress Disorder	The Practice Guideline for the Treatment of Patients with Acute Stress Disorder and Posttraumatic Stress Disorder. (November 2004) and Guideline Watch (March 2009)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jun-15 Jun-16
Substance Use Disorders	Practice Guideline for the Treatment of Patients With Substance Use Disorders(May 2006) and Guideline Watch (April 2007)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15 Jun-16



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Tobacco Cessation	Smoking Cessation During Pregnancy (Obstet Gynecol 2010; 116: 1241-4)	American College of Obstetricians and Gynecologists	http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Smoking-Cessation-During-Pregnancy	Jul-15 Jun-16
	Treating Tobacco Use and Dependence: 2008 update (May 2008)	U.S. Department of Health and Human Services; Public Health Service	http://www.ahrq.gov/sites/default/files/wysiwyg/professionals/clinicians-providers/guidelines-recommendations/tobacco/clinicians/update/treating_tobacco_use08.pdf	Jun-15 Jun-16
Use of Psychotropic Medication	Practice parameter for the use of psychotropic medication in children and adolescents (9/2009)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)60156-8/pdf	Jul-15 Jun-16

REVISION LOG	DATE
Updated Adopted Clinical Practice and Preventive Health Guidelines attachment to most current versions of guidelines (Added Practice Guidelines for ADHD, Adult Preventive Care, Asthma, Back Pain, Bipolar Disorder, Coronary Artery Disease, Diabetes, Hyperlipidemia, Hypertension, Lead Screening, Major Depressive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Preventive Care, Perinatal Care, Respiratory Illness, Schizophrenia, Sickle Cell, Stress Disorder, Substance Use Disorders, Tobacco Cessation, Use of Psychotropic Medication.	07/23/2015



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Removed Practice Guidelines for Back Pain, Coronary Artery Disease, Heart Failure, and Hyperlipidemia.)	
Updated Adopted Clinical Practice and Preventive Health Guidelines attachment to most current versions of guidelines (Added Practice Guidelines for Heart Failure, Respiratory Illness, and Pediatric Medical and Psychiatric Management).	06/2016

POLICY AND PROCEDURE APPROVAL

The electronic approval retained in Compliance 360, Centene's P&P management software, is considered equivalent to a physical signature.

Corporate Vice President of Quality Improvement: _____ Electronic Signature _____