### Show Me Healthy Kids

MANAGED BY HOME STATE HEALTH

## Important things to know about your coverage

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## Care Management



Care Management programs are available for general child and adult care management,

and pregnancy and NICU care management.

Care managers are available to help you find your way through the healthcare system so members can get the treatments and social services they need.

Care managers are nurses, behavioral health specialists, social workers, and support associates who will be coordinating care and have regular contact with the member's care team.

This includes attending Family Support Team meetings, providing physical health, behavioral health, and social resources, inpatient and post discharge outreach, assisting with level of care transitioning, Individualized Education Plan (IEP) coordination, and supporting the Adolescence to Adulthood program.

Login to your Show Me Healthy Kids account or download the Home State Health app from your Google Play or Apple app store!

We can assist with locating providers, overcoming barriers to care access by assisting with transportation, reviewing claims history for continuity of care and linking members with resources to avoid a crisis.

#### **Additional Member Benefits**



Our special program for pregnant members. Members may receive access to lactation consultants, diapers, belly bands, and rewards for attending OB appointments.



Get connected to an asthma care manager to provide education and support. Members may receive spacer, peak flow meter, and hypoallergenic items without requiring a prior auth or a prescription.



A phone app that connects you to medical providers for video appointments 24/7. Receive 1:1 appointments, prescriptions, and more. Behavioral Health services are available 7 AM to 7 PM CST.

Doctors and Nurse Practitioners are available 24/7.



Find community resources you need quickly and easily. Visit homestatehealth.findhelp.com and enter your zip code.



Coverage under Show Me Healthy Kids managed by Home State Health began July 1, 2022. Individuals who qualify for coverage through SMHK were automatically moved to this plan from their existing health plan or will be enrolled in this health plan the day they are approved for MO HealthNet benefits. Members can see out of network providers if they are out of network for 180 days from July 1, 2022. Out of network providers can contract with our health plan to become in network.

#### What Are the Benefits?

Show Me Healthy Kids offers specialized managed care for youth who are in DSS custody, former foster children, and for individuals receiving adoption and guardianship subsidy. View your member handbook on the Show Me Healthy Kids website for more information.

#### Some benefits include:

- 24-hour nurse advice line
- Care Management and care coordination
- Health coaching programs and caregiver support
- After- school programs for members
- Medication lock boxes and noise machines
- Transportation for non-emergency appointments
- Health plan mobile app to view member information
- Rewards for completing healthy behaviors

#### **Caregiver Support**

Show Me Healthy Kids has several programs to help caregivers with support in understanding how to manage member health conditions and needs. Our health plan offers free training online for all foster care and adoption caregivers on topics, such as self-care, child abuse and neglect, and postadoption support.

#### Additionally, families can join The Association for Training on Trauma and Attachment in Children (ATTACh)

caregiver support group meetings at no cost every 1st and 3rd Monday at 8pm and every Wednesday at 11am. Find out more at: https://attach.org.



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If you, or someone you're helping, has questions about Home State Health, you have the right to get help and information in your language at no cost. American Sign Language interpreter services are available as well. To talk to an interpreter, call 1-877–236–1020 (TTY 711).

Si usted, o alguien a quien está ayudando, tiene preguntas acerca de Home State Health, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-877-236-1020 (TTY 711).

如果您,或是您正在協助的對象,有 關於 Home State Health方面的問題,您有權 利免費以您的母語得到幫助和訊息。 還提供美國手語口譯服務。如果要與 一位翻譯員講話,請撥電話1-877-236-1020 (TTY 711)。

Home State Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Home State Health cumple con las leyes Federales de derechos civiles correspondientes y no discrimina con base en la raza, el color, la nacionalidad, la edad, la discapacidad o el sexo.

Home State Health 遵守適用的聯邦民權法律 規定,不因種族、膚色、民族血統、 年齡、殘障或性別而歧視任何人。

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