

## Child and adolescent well-care visits (WCV)

The WCV measure assesses the percentage of members 3-21 years of age who had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner during the measurement year.

### Why it Matters

Assessing physical, emotional, and social development is important at every stage of life, particularly with children and adolescents. Well-care visits provide an opportunity for providers to influence health and development and they are a critical opportunity for screening and counseling. Well-care visits also allow Providers to conduct a comprehensive assessment of a child. These checkups are a cornerstone of prevention and wellness. By examining for health issues and addressing future health problems early in a child's development, providers can properly diagnose, treat, and even prevent certain conditions.

When children receive the recommended number of high-quality visits, they are more likely to be up-to-date on immunizations, have developmental concerns recognized early, and are less likely to visit the emergency department.

### The Importance of Developmental and Behavioral Screening

Periodic developmental and behavioral screening during early childhood is essential to identify possible delays in growth and development, when steps to address deficits can be most effective.

Lines of Business Affected: ● Medicaid



### Adolescents ages 12-18 should be screen for major depressive disorder (MDD).

Two common tools that are used are:

- Patient Health Questionnaire for Adolescents
- Primary Care version of the Beck Depression Inventory

### Well child checklist:

- Head-to-toe assessment
- Collect complete history
- Administer immunizations or vaccinations
- Review, track, and discuss a child's development and behavior
- Discuss illness prevention, nutrition and physical fitness, and health and safety issues
- Conduct screening tests
- Provide guidance on a variety of topics (sleep, safety, learning and development)



## Information to share about risk behaviors for parents and teens / topics to discuss:

- Alcohol & Drug Use
- Tobacco Prevention
- Body Piercings
- Tobacco Prevention
- Dating Abuse
- Tobacco Prevention
- School Violence
- Tobacco Use Prevention Through Schools
- Sexual Risk Behaviors
- Violence Prevention
- Sexual Violence
- Youth Violence
- Suicide Prevention
- Teen Drivers
- Teen Pregnancy
- Social Media

## Tips and Best practices to close WCV Care Gap

- Home State Health will reimburse for a sick visit and a well visit on the same date of service for children 0 to 6 years of age. Documentation must support that the sick visit was significant and separately identifiable.
- Remind caregivers of appointments by text or phone calls
- Educate the caregiver about the importance of preventive care visits.
- Consider using templates with checkboxes to ensure required information is documented.
- Contact caregivers who cancel appointments and reschedule as soon as possible.
- Emphasize importance of well-child visits.
- Encourage parents to maintain a relationship with a PCP to ensure consistent health care.
- WCE is an acceptable abbreviation for Well-child Exam.
- A visit for an acute/chronic problem if the components of a well-care visit are completed is acceptable. **Please note:** regardless of the reason for visit for supplemental data abstraction what would need to be included for the visit to be acceptable must still support the value data set codes/descriptions for the measure.
- Telehealth visits are acceptable.
- Sports physicals can be used.

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If you need help locating a health care provider or feel that your patient could benefit from Care Management Services, please call to speak with our staff.

### Contact Provider Partnership:

[HomeStateHealth.com](https://www.HomeStateHealth.com)

Home State: 1-855-694-4663 / TTY: 711

[HomeStateHealth.com](https://www.HomeStateHealth.com)

Show Me Healthy Kids: 1-877-236-1020 / TTY: 711

[Ambetter.HomeStateHealth.com](https://www.Ambetter.HomeStateHealth.com)

Ambetter: 1-855-650-3789 TTY: 1-877-250-6113

[Wellcare.com](https://www.Wellcare.com)

Wellcare: MAPD 1-833-444-9088 / D-SNP: 1-833-444-9089 / TTY: 711

[Wellcare.com/en/Missouri](https://www.Wellcare.com/en/Missouri)

Wellcare By Allwell: MAPD 1-855-766-1452 / D-SNP: 1-833-298-3361 / TTY:711