



## Chronic Condition Coding Awareness: Behavioral & Conduct Disorder

## **Conduct Disorder**

Conduct disorder is a repetitive and persistent pattern of behavior in children and adolescents in which the rights of others or basic social rules are violated<sup>1</sup>. It is not uncommon for a child or teen to experience behavioral problems, however, the behavior is considered to be a conduct disorder when it is long-lasting and when it goes against accepted norms of behavior and disrupts the child's or family's everyday life<sup>2</sup>.

## Symptoms of Conduct Disorder

Symptoms of conduct disorder vary depending on the age if the child and whether the disorder is mild, moderate, or severe. In general, the symptoms fall into four categories: (1) Aggressive, (2) Non-Aggressive or Destructive, (3) Deceitfulness, and (4) Violation of rules<sup>2</sup>.

## Treatment of Conduct Disorder

Treatment for conduct disorder is based on many factors, including the child's age, the severity of the symptoms, as well as the child's ability to participate in and tolerate specific therapies<sup>2.</sup> Treatment usually consists of Psychotherapy, medication, and/or family support group or organization. Appropriate treatment is individualized and should be done by a mental health professional, preferably one who is trained in children's mental health<sup>1</sup>.

Behavioral & Conduct Disorder Coding Guidance

| TIPS:   | ICD-10 Mapping & Education   |
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| > ICD-10-CM   | F91.0 – F91.9 (Conduct Disorders) <sup>3</sup>   |
| > Do NOT code   | the following disorders if they exist:  o Antisocial behavior (Z72.81-)  o Antisocial personality disorder (F60.2)  Per ICD-10-CM "Excludes 1" note.   |
| > DO code   | the following disorders if they exist at the same time as  Conduct Disorder:  ADHD (F90)  Mood [affective] disorders (F30-F39)  Pervasive developmental disorders (F84)  Schizophrenia (F20)  Per ICD-10-CM "Excludes 2" note.                               |
| <ul><li>Documentation &amp; Coding<br/>Tips</li></ul> | The following language supports [any] condition and must be documented by the provider. It cannot be inferred by coders.  In the documentation, mention  if the patient is receiving therapy.  getting a refill on medication.  the status of the condition. |

- 1. Mental Health America: Conduct Disorder (http://www.mentalhealthamerica.net/conditions/conduct-disorder)
- 2. WebMD: Mental health and Conduct Disorder (http://www.webmd.com/mental-health/mental-health-conduct-disorder#1)
- 3. 2017 ICD-10-CM Expert for Physicians: The Complete Official Code Set, Optum360. 2016 Optum360, LLC