Chronic Condition Coding Awareness: ADHD

Attention Deficit Hyperactivity Disorder

Attention-deficit/hyperactivity disorder (ADHD) is a brain disorder marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development[1]. The symptoms differ person to person, but both children and adults can have ADHD. There are three types of ADHD: Inattentive, hyperactive-impulsive, and combined[2]. For a person to receive a diagnosis of ADHD, the symptoms of inattention and/or hyperactivity-impulsivity must be chronic or long-lasting, impair the person's functioning, and cause the person to fall behind normal development for his or her age[1]. The cause of ADHD is unknown as well as preventable or cured[2].

Symptoms of ADHD

It is normal to have some inattention, unfocused motor activity and impulsivity, but for people with ADHD, these behaviors can be more severe, occur more often, and may interfere with or reduce the quality of how they function socially, at school, or in a job. ADHD symptoms can appear as early as between the ages of 3 and 6 and can continue through adolescence and adulthood[1].

Treatment of ADHD

While there is no cure for ADHD, currently available treatments can help reduce symptoms and improve functioning. Treatments include medication, psychotherapy, education or training, or a combination of treatments[1].

Depression Coding Guidance

TIPS:	ICD-10 Mapping & Education	
➢ **ICD-10-CM**	F90.0	Attention-deficit hyperactivity disorder, predominantly inattentive type
	F90.1	Attention-deficit hyperactivity disorder, predominantly hyperactive type
	F90.2	Attention-deficit hyperactivity disorder, combined type
	F90.8	Attention-deficit hyperactivity disorder, other type
	F90.9	Attention-deficit hyperactivity disorder, unspecified type
➢ **Attempt for more specificity…**	Avoid broad terms and unspecified codes such as "ADHD", F90.9 o Be meticulous in picking up the details in documentation. o It leads to precise coding and a better awareness about the disease and the population it affects.	
➢ **In the documentation use terms that specify…**	o Inattentive o Hyperactive o Combined	
➢ **NOTE** [3]	o Codes within categories F90-F98 may be used regardless of the age of a patient. o These disorders generally have onset within the childhood or adolescent years, but may continue throughout life or not be diagnosed until adulthood. o "Notes" within ICD-10, function as alerts to highlight coding instructions within the text[3].	

➢ **Refilling medication**	Don't forget to verify the condition and list the diagnosis in the Assessment & Plan including the status of the condition.
➢ **HEDIS tip**	Pediatric patient aged 6-12 years with a newly prescribed ADHD medication who remained on medication for 210 days should have three follow-up visits within ten months[4].

1. National Institute of Mental Health: Attention Deficit Hyperactivity Disorder (reviewed September, 2022)
   https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd
2. WebMD: ADHD Health Center http://www.webmd.com/add-adhd/default.htm (September, 2022)
3. 2023 ICD-10-CM Expert for Physicians: The Complete Official Code Set, Optum360. 2023 Optum360, LLC
4. 2022 HEDIS Technical Specifications

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➤ **Secure Portal Registration:** If you haven't already do so, please go to www.HomeStateHealth.com to register for our Secure Portal. Functions on the portal include: Verification of eligibility, submission of claims, entering authorizations, viewing patient care gaps, etc. Use of the portal is FREE for all services!

➤ **Electronic Funds Transfer / Electronic Remittance Advice**
· Home State Health Plan partners with PaySpan Health for EFT/ERA services.
· Please register with PaySpan Health at www.payspanhealth.com