



Chronic Condition Coding Awareness: ADHD

Attention Deficit Hyperactivity Disorder

Attention-deficit/hyperactivity disorder (ADHD) is a brain disorder marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development¹. The symptoms differ person to person, but both children and adults can have ADHD. There are three types of ADHD: Inattentive, hyperactive-impulsive, and combined². For a person to receive a diagnosis of ADHD, the symptoms of inattention and/or hyperactivity-impulsivity must be chronic or long-lasting, impair the person's functioning, and cause the person to fall behind normal development for his or her age¹. The cause of ADHD is unknown as well as preventable or cured².

Symptoms of ADHD

It is normal to have some inattention, unfocused motor activity and impulsivity, but for people with ADHD, these behaviors can be more severe, occur more often, and may interfere with or reduce the quality of how they function socially, at school, or in a job. ADHD symptoms can appear as early as between the ages of 3 and 6 and can continue through adolescence and adulthood¹.

Treatment of ADHD

While there is no cure for ADHD, currently available treatments can help reduce symptoms and improve functioning. Treatments include medication, psychotherapy, education or training, or a combination of treatments¹.

Depression Coding Guidance

Depression Coding Guidance			
TIPS:	CD-10 Mapping & Education		
➤ ICD-10-CM	F90.0 Attention-deficit hyperactivity disorder, predominar inattentive type F90.1 Attention-deficit hyperactivity disorder, predominar hyperactive type F90.2 Attention-deficit hyperactivity disorder, combined type	ntly	
	F90.8 Attention-deficit hyperactivity disorder, other type		
	F90.9 Attention-deficit hyperactivity disorder, unspecified		
Attempt for more specificity	 Avoid broad terms and unspecified codes such as "ADHD", F90.9 Be meticulous in picking up the details in documentation. It leads to precise coding and a better awareness about the disease and the population it affects. 		
In the documentation use terms that specify	InattentiveHyperactiveCombined		
NOTE 3	 Codes within categories F90-F98 may be used regardle the age of a patient. These disorders generally have onset within the childheor adolescent years, but may continue throughout life to be diagnosed until adulthood. "Notes" within ICD-10, function as alerts to highlight coinstructions within the text3. 	nood or not	









Refilling medication	Don't forget to verify the condition and list the diagnosis in the assessment & Plan including the status of the condition.			
➢ HEDIS tip	Pediatric patient age 6-12 years we medication who remained on medhave three follow-up visits within	dication for 210 da		

- National Institute of Mental Health: Attention Deficit Hyperactivity Disorder (revised March 2016) https://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml
- 2. WebMD: ADHD Health Center http://www.webmd.com/add-adhd/default.htm (October, 2017)
- 3. 2019 ICD-10-CM Expert for Physicians: The Complete Official Code Set, Optum360. 2018 Optum360, LLC
- 4. 2019 HEDIS Technical Specifications

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> Secure Portal Registration: If you haven't already do so, please go to www.HomeStateHealth.com to register for our Secure Portal. Functions on the portal include: Verification of eligibility, submission of claims, entering authorizations, viewing patient care gaps, etc. Use of the portal is FREE for all services!

Electronic Funds Transfer / Electronic Remittance Advice

- · Home State Health Plan partners with PaySpan Health for EFT/ERA services.
- · Please register with PaySpan Health at www.payspanhealth.com