

Aftercare and Transitional Treatment Foster Care (T-TFC) Plan Elements

Purpose: This checklist outlines key elements that providers should consider including in an Aftercare or Transitional Treatment Foster Care (T-TFC) plan. These components are essential to support continuity of care, facilitate long-term stability, and ensure the youth and their families have a well-coordinated transition from residential or TFC services back to the community.

Providers are encouraged to use this as a guide when developing individualized Aftercare or T-TFC plans to ensure all relevant medical, educational, behavioral, and family needs are addressed.

Aftercare and Transitional Treatment Foster Care (T-TFC) Plan Components

Category	Element
Youth Information	<ul style="list-style-type: none"> - Youth's Full Name - Primary Diagnosis (ICD-10 Code)
Placement Information	<ul style="list-style-type: none"> - Placement Names and Contact Information (Address and Phone Number) - Placement Relationship to Youth - Name of Residential or TFC Provider
Aftercare/T-TFC Servicing Provider	<ul style="list-style-type: none"> - Agency Name - Assigned Contact Person
Community Involvement	<ul style="list-style-type: none"> - External Agencies Providing Community Support
Service Timeline	<ul style="list-style-type: none"> - Aftercare Start Date - Anticipated Discharge Date from Aftercare
Family and Support System	<ul style="list-style-type: none"> - Family Assessment Completion Date - Family Expectations for Aftercare Services - Identified Family Members - Family Needs
Crisis and Respite Planning	<ul style="list-style-type: none"> - Crisis Intervention Plan - Respite Care Plan (if applicable)
Educational Planning	<ul style="list-style-type: none"> - Current Grade Level and IEP Status - Future School and Address - Educational Barriers (e.g., truancy, suspensions)
Behavioral Health and Medical Care	<ul style="list-style-type: none"> - Outpatient Behavioral Health Plan - Current Medications - Medication Management Plan - Primary Care Provider - Psychiatrist/Therapist
Additional Needs	<ul style="list-style-type: none"> - Identified Special Needs - Discharge Plan from Aftercare