

Start feeling like yourself again

Discover how Teladoc Health Mental Health can help



Talk to a licensed mental health expert of your choice by phone or video from the privacy of your own home.

Limits apply for appointment times with behavioral health services, which are available weekdays from 7am–9pm. Teladoc Health for behavioral health issues is available for members 18+.



GET HELP FOR

- Anxiety and depression
- Negative thought patterns
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management (psychiatry only)

START MAKING PROGRESS

1. Register and fill out a brief medical history.
2. Choose the mental health expert who is right for you.
3. Schedule a visit for a day and time that fits your schedule.

For questions or help with Teladoc Health registration please call



Home State Health: 1-855-694-4663 (TTY 711)

Show Me Healthy Kids: 1-877-236-1020 (TTY 711)

Get started today!



If you, or someone you're helping, has questions about Home State Health, you have the right to get help and information in your language at no cost. American Sign Language interpreter services are available as well. For Show Me Healthy Kids interpreter services, call 1-877-236-1020 (TTY/TDD 711). For Home State Health interpreter services, call 1-855-694-4663 (TTY/TDD 711).

Si usted, o alguna persona a la que ayuda, tiene preguntas sobre Home State Health, tiene derecho a recibir ayuda e información en su idioma sin ningún costo. Además, hay servicios de interpretación en lenguaje de signos americanos. Para los servicios de interpretación de Show Me Healthy Kids, llame al 1-877-236-1020 (TTY/TDD 711). Para los servicios de interpretación de Home State Health, llame al 1-855-694-4663 (TTY/TDD 711).

如果您或者您帮助的人对Home State Health有疑问，您有权免费以您的语言得到帮助和相关信息。我们也提供美国手语口译服务。如果需要Show Me Healthy Kids口译服务，请致电1-877-236-1020 (TTY/TDD 711)。如果需要Home State Health口译服务，请致电1-855-694-4663 (TTY/TDD 711)。