

# Show Me Healthy Kids

MANAGED BY HOME STATE HEALTH

## Care Management Programs



WE CAN HELP YOUR PATIENTS MANAGE THEIR HEALTH.

### Show Me Healthy Kids

Show Me Healthy Kids (SMHK) managed by Home State Health is specialized managed care for:

- Youth who are in the care & custody of the MO Department of Social Services (DSS)
- Youth receiving adoption of legal guardianship subsidy
- Adults under age 26, who were in foster care on their 18th birthday, were covered by MO HealthNet, and who meet the eligibility criteria
- Former foster care youth under the age of 26 who were previously in foster care on their 18th birthday and covered by Medicaid from another state, who are not currently eligible for Medicaid coverage under another program

[View the Member Handbook here.](#)



### Care Management

Health plan care managers will coordinate and manage SMHK members care. This includes attending Family Support team meetings, providing physical & behavioral health support, [social resources](#), inpatient & post-discharge outreach, assistance with level of care transitioning, Individual Education Plan (IEP) coordination, and supporting members transitioning from adolescence to adulthood. The health plan [care management](#) team will also help [find a provider](#), overcome access to care barriers, review claims history to ensure continuity of care, and can connect members to resources to help avoid crisis.

### Care Management Programs

#### Asthma Waves

Our [asthma program](#) provides members with a designated asthma care manager who will provide telephonic or face-to-face interaction, education, and support to promote adherence to asthma treatment, prevent exacerbations, optimize functional status, and referrals.

Spacer, peak flow meter, and hypoallergenic items can be sent directly to members' home without requiring a prior authorization or prescription.

#### Start Smart for Your Baby

[Start Smart for Your Baby](#) is our special program for moms and baby's throughout pregnancy and post-partum. This includes a focused program specifically designed for pregnant individuals who struggle with substance use.

For babies requiring NICU stays, we offer NICU Care Management where a dedicated NICU care manager will assist in communicating with baby's medical team, help in understanding the baby's plan of care, assist with finding resources, etc.

#### Adolescence to Adult (a2A)

Our [Adolescence to Adulthood](#) program assists members who are transitioning into adulthood with resources for independent living such as managing health care, education, employment, housing, etc.

#### Lead Management & Prevention

If a member or their child has elevated lead levels, a dedicated care manager will provide education about lead exposure and how to reduce lead levels.



### ***Sickle Cell Management***

Our Sickle Cell care management team provides support and oversight of care coordination efforts for members with Sickle Cell. Care managers will work with caregivers and providers to ensure the complete medical needs of the member are being met, especially for those identified as complex.

### ***General Pediatric & Adult Management***

The Pediatric and Adult care management team assists members in achieving optimal health, functional capacity, and quality of life through improved management of their disease or condition. Care managers work collaboratively with members, family & significant others, providers, and community organizations to develop goals and assist members in achieving them.

### ***Caregiver Support***

We offer no cost, interactive [caregiver training online](#), featuring live teleconferencing with a facilitator or host for all foster care stakeholders as a community service. Topics include:

- Post-Adoption Support
- Behavioral Health Issues
- Trauma
- Self-Care
- Bullying
- Child Abuse and Neglect

### ***Additional Member Benefits & Supports***

- 24-Hour Nurse Advice Line where nurses can answer health-related questions.
- [Rewards](#) for completing healthy behaviors and activities.
- **Education Support**
  - HiSET Exam Voucher: Members 16+ with education goals may receive one HiSET Exam Voucher per year (including all 5 tests).
  - Club Z Tutoring: Eligible members grades K-12 may receive up to 24 one-on-one, in-home or online tutoring sessions.
- **Eyeglasses Upgrade** – Members with vision needs may receive \$100 every 24 months to use toward prescription eyeglass frames, lenses, or contact lenses.
- **Medical Alert Tags** – Eligible members may receive a medical alert tag that provides information on their health condition or allergy.
- **Custom Sensory Support Kits** – Eligible members referred by care manager with a qualifying diagnosis will receive a custom sensory support kit to fit their needs.
- **Enhanced [Transportation](#) Benefits** – Same day non-emergent medical transportation (NEMT) is available for PCP, Specialty, OB, and Dental appointments. Transportation is also available for child welfare meetings, family visits, court appointments, and social determinants of health (SDOH) related supports.
- **New Members** – New SMHK members actively engaged in care management may receive gifts.
  - Infants/Babies: small backpack, hooded baby towel, and sippy cup
  - Older Youth: duffle bag, fleece blanket, and journal
- **Medication Lockbox** – Members ages 3+ / their guardian who are actively engaged in care management may receive a lockbox to safely store medications.
- **Sound Machine** – Members ages 3+ / their guardian who are actively engaged in care management may receive a sound machine.